

# Health, Kinesiology, and Sports Studies MS

## Master of Science in Health, Kinesiology, & Sports Studies emphasis in Exercise Science - Option I Thesis

### Required Core Courses (21 semester hours)

HHPK 617	Stat Proc Hlth/Hum Perf	3
HHPK 519	Research Methods in Health, Kinesiology, & Sport Studies	3
HHPK 528	Sport Psychology	3
HHPK 545	Advanced Exercise Physiology	3
HHPK 664	Fitness Testing and Exercise Prescriptions	3
HHPK 534	Exercise in Health and Disease	3
HHPK 530	Sports Conditioning	3

### Thesis (6 semester hours)

HHPK 518	Thesis (6 semester hours required)	3-6
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Only 6 semester hours of credit for 518 per degree will be given upon satisfactory completion of the requirement

### Required Support Course (Choose 3 courses - 9 semester hours)

HHPH 531	Nutrition and Optimal Performance	3
HHPK 532	Cardiopulmonary Physiology	3
HHPK 536	Adapted Kinesiology	3
HHPK 593	Biomechanics	3
HHPH 660	Global Health Issues	3
HHPS 535	Soc of Sport & Phys Activity	3
HHPK 516	Current Topics in Health & Human Performance	3
HHPK 551	Advanced Research in Kinesiology	3

### Total Hours

36

## Master of Science in Health, Kinesiology, & Sports Studies emphasis in Exercise Science - Option II Non-Thesis

### Required Core Courses (21 semester hours)

HHPK 617	Stat Proc Hlth/Hum Perf	3
HHPK 595	Critiquing & Conducting Research	3
or HHPK 519	Research Methods in Health, Kinesiology, & Sport Studies	
HHPK 528	Sport Psychology	3
HHPK 545	Advanced Exercise Physiology	3
HHPK 664	Fitness Testing and Exercise Prescriptions	3
HHPK 534	Exercise in Health and Disease	3
HHPK 530	Sports Conditioning	3

### Internship (3 semester hours)

HHPK 537	Internship in Health, Kinesiology, & Sport Studies	3
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Internship requires instructor approval and completion of internship seminar in May or December prior to enrolling in course

### Required Support Courses (Choose 4 courses - 12 semester hours)

HHPK 532	Cardiopulmonary Physiology	3
HHPH 531	Nutrition and Optimal Performance	3
HHPK 536	Adapted Kinesiology	3
HHPK 593	Biomechanics	3
HHPH 660	Global Health Issues	3
HHPK 516	Current Topics in Health & Human Performance	3
HHPS 535	Soc of Sport & Phys Activity	3

HHPK 551	Advanced Research in Kinesiology	3
<b>Total Hours</b>		<b>36</b>

## Master of Science in Health, Kinesiology, & Sports Studies emphasis in Athletic Administration - Option II Non-Thesis

### Required Core Courses (21 semester hours)

HHPK 595 or HHPK 519	Critiquing & Conducting Research (3 semester hours required) Research Methods in Health, Kinesiology, & Sport Studies	3
HHPK 617	Stat Proc Hlth/Hum Perf	3
HHPK 516 or HHPS 539	Current Topics in Health & Human Performance Sport Law	3
HHPS 535	Soc of Sport & Phys Activity	3
HHPK 528	Sport Psychology	3
HHPH 660 or HHPS 521 or HHPS 520	Global Health Issues Fin & Econ in Sport Governance and Ethics in Sport	3
HHPS 584	Administration in Sport and Recreation Programs	3

### Required Support Courses (Choose 3 courses - 9 semester hours)

HHPS 520	Governance and Ethics in Sport	3
HHPS 521	Fin & Econ in Sport	3
HHPS 525	Marketing and Public Relations in Sports	3
HHPS 539	Sport Law	3
HHPS 564	Facilities & Equipment in Kinesiology & Sport	3
HHPK 537	Internship in Health, Kinesiology, & Sport Studies *	3
HHPK 541	Internship in Sport Administration (Repeat twice) *	3
*Internship requires instructor approval and completion of internship seminar in May or December prior to enrolling in course		
HHPS 536	Sociology of Sport & Physical Activity Practicum	1
HHPS 526	Marketing & Public Relations in Sport Practicum	1

<b>Total Hours</b>		<b>30</b>
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## Master of Science in Health, Kinesiology, & Sports Studies emphasis in International Sport Management - Option II Non-Thesis

### Required Core Courses (21 semester hours)

HHPK 595 or HHPK 519	Critiquing & Conducting Research (3 semester hours required) Research Methods in Health, Kinesiology, & Sport Studies	3
HHPK 617	Stat Proc Hlth/Hum Perf	3
HHPS 521	Fin & Econ in Sport	3
HHPS 520	Governance and Ethics in Sport	3
HHPS 525	Marketing and Public Relations in Sports	3
HHPS 566	Issues in International Sport	3
HHPS 584	Administration in Sport and Recreation Programs	3

### Required Support Courses (Choose 3 courses - 9 semester hours)

HHPS 539	Sport Law	3
HHPS 564	Facilities & Equipment in Kinesiology & Sport	3
HHPS 554	Sport Event Management	3
HHPS 556	Sport Analytics	3
HHPS 558	Managing People in International Sport	3
HHPK 528	Sport Psychology	3
HHPK 537	Internship in Health, Kinesiology, & Sport Studies *	3
HHPK 541	Internship in Sport Administration (Repeat twice) *	3

\*Internship requires instructor approval and completion of internship seminar in May or December prior to enrolling in course

HHPK 536	Sociology of Sport & Physical Activity Practicum	1
HHPK 526	Marketing & Public Relations in Sport Practicum	1
<b>Total Hours</b>		<b>30</b>

## Master of Science in Health, Kinesiology, & Sports Studies emphasis in Sports Coaching - Option II Non-Thesis

### Required Core Courses (18 semester hours)

HHPK 595	Critiquing & Conducting Research (3 semester hours required)	3
HHPK 617	Stat Proc Hlth/Hum Perf	3
HHPK 528	Sport Psychology	3
HHPK 530	Sports Conditioning	3
HHPH 531	Nutrition and Optimal Performance	3
HHPK 590	Sport Coaching	3

### Internship (3 semester hours)

HHPK 537	Internship in Health, Kinesiology, & Sport Studies	3
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Internship requires instructor approval and completion of internship seminar in May or December prior to enrolling in course

### Required Support Courses (Choose 3 courses - 9 semester hours)

HHPK 536	Adapted Kinesiology	3
HHPK 516	Current Topics in Health & Human Performance	3
HHPK 520	Governance and Ethics in Sport	3
HHPK 535	Soc of Sport & Phys Activity	3
HHPK 539	Sport Law	3
HHPK 564	Facilities & Equipment in Kinesiology & Sport	3

**Total Hours** **30**

## Master of Science in Health, Kinesiology, & Sports Studies emphasis in Human Performance (Accelerated BS-MS) - Option II Non-Thesis

The BS-MS accelerated degree program allows undergraduate students in the Kinesiology & Sports Studies-Human performance concentration to begin coursework towards the Master of Science in Health, Kinesiology, and Sports Studies-Human Performance program during their senior year at Texas A&M University-Commerce. Students can earn a B.S. and M.S. degree in five years upon completion of degree requirements for both degrees. A maximum of 12 graduate hours can be taken as an undergraduate, and students cannot be admitted to the MS program until all undergraduate courses are complete. Students must apply to the master's program during their final semester classified as a senior and have a cumulative undergraduate GPA of 3.0 or higher. Additionally, students should have taken certain upper-level courses in their junior year to ensure they can be successful taking graduate courses with UG courses in their senior year (e.g., HHPK 335, HHPK 350, HHPK 450). Students must earn a B or higher in these courses.

### Required Core Courses (12 semester hours)

HHPK 595	Critiquing & Conducting Research	3
or HHPK 519	Research Methods in Health, Kinesiology, & Sport Studies	
HHPK 528	Sport Psychology	3
HHPK 545	Advanced Exercise Physiology	3
HHPH 531	Nutrition and Optimal Performance	3

### Internship or Reserach Project (3 semester hours)

HHPK 551	Advanced Research in Kinesiology	3
HHPK 537	Internship in Health, Kinesiology, & Sport Studies	3

Internship requires instructor approval and completion of internship seminar in May or December prior to enrolling in course

### Required Support Courses (Choose 5 courses - 15 semester hours)

HHPK 617	Stat Proc Hlth/Hum Perf	3
HHPK 530	Sports Conditioning	3
HHPK 534	Exercise in Health and Disease	3
HHPK 664	Fitness Testing and Exercise Prescriptions	3
HHPK 532	Cardiopulmonary Physiology	3
HHPK 536	Adapted Kinesiology	3
HHPK 590	Sport Coaching	3

HHPK 593	Biomechanics	3
HHPH 660	Global Health Issues	3
HHPK 516	Current Topics in Health & Human Performance	3
HHPS 535	Soc of Sport & Phys Activity	3
<b>Total Hours</b>		<b>30</b>

**Note:** For more information see the bottom of the page at: BS-MS 5 year Accelerated Pathway (<http://coursecatalog.tamuc.edu/undergrad/colleges-and-departments/education-human-services/school-of-nursing/health-and-human-performance/kinesiology-sports-studies-ba-bs-all-level-teacher-certification/>).

**Note:** Successful completion of the Comprehensive Exam is required of all students.