

Exercise Science Graduate Certificate

The Exercise Science Graduate Certificate is 15 hours of health, kinesiology, and sports studies course work for students who want to increase their knowledge and develop competencies in the area of exercise science. Students may complete the certificate independently or as part of their graduate degree.

Coursework must be completed at A&M-Commerce with a 3.0 GPA on all courses used for the certificate. Students, in consultation with the graduate coordinator, must develop a plan of study that details specific courses the students will use to satisfy the certificate requirements. Students must complete a minimum of 15 hours from the list of courses below.

Contact Sarah Mitchell at Sarah.Mitchell@tamuc.edu for more information.

Requirements to complete the Exercise Science Graduate Certificate

HHPK 530	Sports Conditioning	3
HHPH 531	Nutrition and Optimal Performance	3
HHPK 664	Fitness Testing and Exercise Prescriptions	3
HHPK 545	Advanced Exercise Physiology	3
HHPK 534	Exercise in Health and Disease	3
HHPK 532	Cardiopulmonary Physiology	3
HHPK 593	Biomechanics	3
HHPK 528	Sport Psychology	3
HHPK 516	Current Topics in Health & Human Performance	3
HHPK 551	Advanced Research in Kinesiology	3
HHPK 536	Adapted Kinesiology	3
HHPK 590	Sport Coaching	3
Total Hours		15

Note: Students must have admission to the Graduate School. Coursework must be completed at Texas A&M University-Commerce with a 3.0 GPA in all courses used for this graduate certificate. **(No Substitutions)**